



Students Taking Action with Recognition (STAR) Events: Entrepreneurship, Event Management, Job Interview, National Programs in Action, & Public Policy Advocate

Event	Entrepreneurship	Event Management	Job Interview	National Programs in Action	Public Policy Advocate
Team or Individual Event	Team of 1-3	Team of 1-3	Individual	Team of 1-3	Team of 1-3
Levels offered in California	Levels 1,2 3	Levels 1,2,3	Levels 1,2, 3	Levels 1, 2 or 3	Levels 1,2, 3
Requires capstone course enrollment?	No	No	No	No	No
Course that it best integrates with	Concentration or Capstone	Concentration or Capstone	Concentration or Capstone	Introductory, Concentration or Capstone	Concentration, Capstone
Summary	Develop a small business using FCS skills & sound business practices. Must relate to an area taught in FCS Education	Plan an event for an educational institution, community or non-profit organization, business or governmental institution	Develop a portfolio including job application, participate in job interview and communicate a personal understanding of job requirements; demonstrate communication skills through interview	Explain how the FCCLA Planning Process was used to implement a national program project	Identify local, state, national, or global concern relating to an area in FCS and/or related occupations, research topic, identify target audience and potential partnerships, form action plan & advocate for the issue to positively affect policy or law
Elements	Portfolio, implemented written business plan, oral presentation	Portfolio, event volunteering experience, researched proposal for an educational institution, community or non-profit organization, business, or governmental organization, oral presentation	Portfolio, job application, live interview	File Folder, oral presentation, visuals	Portfolio, oral presentation



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Event	Entrepreneurship	Event Management	Job Interview	National Programs in Action	Public Policy Advocate
Portfolio required	Yes	Yes	Yes	No	Yes
File Folder required	No	No	No	Yes	No
Oral presentation	Yes	Yes	Interview	Yes	Yes
Display	Can include visuals	Can include	No	Yes	No
Theme posted on CA-FCCLA website	Business must relate to FCS education or related occupation	No; prohibited events listed in rules	No	In rules	No
Notes	Rubrics are scaffolded by level	Participants must have completed a unit or course in consumer management or financial education in an FCS class. Level 2 project does not have to be implemented; level 3 project must be implemented Rubrics are scaffolded by level	California Educators Together has several lessons in job interview This has good elements but the rules are a bit different than this event. Link to event: https://www.caeducatorstogether.org/lesson-plans/1y894e/preparing-for-competitive-events-the-job-application-and-interview-event Rubrics are scaffolded by level	The National FCCLA website has good information on this National Programs FCCLA (fclclainc.org) Rubrics are scaffolded by level	Rubrics are scaffolded by level



**Students Taking Action with Recognition (STAR) Events:: Chapter In Review Portfolio,
Chapter Service Project Display, Leadership, Parliamentary Procedure, & Professional Presentation**

Event	Chapter In Review Portfolio	Chapter Service Project Display	Leadership	Parliamentary Procedure	Professional Presentation
Team or Individual Event	Team of 1-3 people	Team of 1-3people	Individual	Team of 4-8 people	Team of 1-3 people
Levels offered in California	Levels 1,2,3	Levels 1,2,3	Levels 1,2,3	Levels 1, 2 or 3	Levels 1,2,3
Requires capstone course enrollment?	No	No	No	No	No
Course that it best integrates with	Introductory, Concentration, or Capstone	Introductory, Concentration, or Capstone	Introductory, Concentration or Capstone	Introductory, Concentration or Capstone This also works well as the chapter integrates these skills into chapter meetings.	Introductory, Concentration or Capstone
Summary	Chapter develops & implements a well-balanced Program of Work (POW) & promotes FCCLA a Family & Consumer Sciences to the community.	Develop and implement an in-depth service project that makes a worthwhile contribution to families, schools, and communities	Read a leadership book, investigate leadership abilities & skills. Develop and implement a place to further leadership development	Develop a working knowledge of parliamentary law and the ability to conduct a business meeting	Make an oral presentation about issues concerning FCS and/or related occupations & provide visuals to illustrate the presentation
Elements	Portfolio, planning, oral presentation	Display, oral presentation	Portfolio, oral presentation	Online exam (national level), In person exam (State) demonstration of a business meeting at competition	File folder, oral presentation, visuals
Competes at region and state?	State only	Yes	Yes	State only	Yes



Students Taking Action with Recognition (STAR) Events: Chapter In Review Portfolio, Chapter Service Project Display, Leadership, Parliamentary Procedure, & Professional Presentation

Event	Chapter In Review Portfolio	Chapter Service Project Display	Leadership	Parliamentary Procedure	Professional Presentation
File Folder required	No	No	No	No	Yes
Oral presentation	Yes	Yes	Yes	Yes	Yes
Display	No	No	No	No	Yes
Theme posted on CA-FCCLA website	No	No	No	No	Issue must relate to FCS
Works Cited	No	No	Yes	No	Yes
Exam	No	No	No	At SLC; online for National	No
Notes	Rubrics are scaffolded by level	Rubrics are scaffolded by level	Rubrics are scaffolded by level	The Riverside Parliamentarians have offered to coach a team anywhere in California via ZOOM. Contact information: Bob Palmer, judd3@aol.com	Rubrics are scaffolded by level



STAR Events: Personal Finance, Teaching Strategies Focus on Children, Say Yes to FCS and Teach or Train

Event	Personal Finance	Teaching Strategies	Focus on Children	Say Yes to FCS Education	Teach or Train
Team or Individual Event	Individual	Individual	Team of 1-3	Individual	Individual
Levels offered in California	Levels :1,2,3	Levels :2,3	Levels :1,2,3	Levels : 1,2,3	Levels 1,2,3
Requires current capstone course enrollment?	No	No	No	No	No
Course that it best integrates with	Personal Finance, Life Management	Concentration, Capstone	Introductory, Concentration, Capstone	Concentration, Capstone	Concentration, Capstone
Summary	Chapter develops & implements a well-balanced Program of Work (POW) & promote FCCLA a Family & Consumer Sciences to the community.	In the role of the teacher, present one activity from a lesson plan prepared by the student to the evaluators, in the role of the students	Plan and conduct a child development project that has a positive impact on children and the community.	Demonstrate the knowledge & skills needed to explore and experience the career of being an FCS teacher	Explore/experience the career of teaching
Elements	Portfolio, presentation, Q & A	Portfolio, Lesson Plan, Oral Presentation, Resource Container	Display, Oral Presentation	Portfolio, Classroom observations, Plan/execute a lesson, develop an FCCLA integration plan, oral presentation	Portfolio, plan/execute a lesson, oral presentation, shadow an educator
Addresses a specific need	No	No	Yes	No	No
Portfolio required	Yes	Yes	No	Yes	Yes
File folder required	No	No	No	No	No



STAR Events: Personal Finance, Teaching Strategies, Focus on Children, Say Yes to FCS and Teach or Train

Event	Personal Finance	Teaching Strategies	Focus on Children	Say Yes to FCS Education	Teach or Train
Requirement: work with children in project	No	No	Yes	Yes; execution of lesson	Yes; any grade level for lesson presentation
Oral presentation	Yes	Yes	Yes	Yes	Yes
Display	No	No; resource container	Yes	Visuals used in presentation	Visuals used in presentation
Research of postsecondary institutions	No	No	No	Yes; 3 colleges required *	No
Interview of an educator	No	No	No	Yes; two; can be done electronically	No
Classroom observations required	No	No	No	Yes; two required; template provided;	Job shadow required
FCCLA Integration Plan	Yes	No	No	Consideration of 3 National Programs; template provided	No
Lesson Plan	No	Template provided	No	Required theme: marketing FCCLA to middle/high school students; Tie to FCCLA week	Grade level: K-12, template provided; use of technology required in lesson
Works cited	No	No	No	Yes	Yes
Notes	This event is sponsored by EverFi. Link: Financial Literacy for Students EVERFI Rubrics are scaffolded by level	Suggested practice: present the lesson to a group of students; revise presentation based on their success in the lesson. Rubrics are scaffolded by level	Lesson Plan for this at California Educators Together: https://www.caeducatorstogether.org/projects/xjcx55/focus-on-children-preparing-for-the-fccla-star-event Rubrics are scaffolded by level	*Pat Peck can provide you with a list of colleges patpeck47@gmail.com Rubrics are scaffolded by level	Lesson plans at California Educators Together: https://www.caeducatorstogether.org/projects/ek28vs/fccla-star-event-teach-and-train-pbl-project Rubrics are scaffolded by level



STAR Events: Culinary Display, Menu Planning & Table Display, Culinary Knife Skills, Baking and Pastry, and Culinary Arts

Event	Culinary Display	Menu Planning & Table Display	Culinary Knife Skills	Baking and Pastry	Culinary Arts
Team or Individual Event	Individual	Individual	Individual	Individual	Individual
Levels offered in California	1,2,3	1,2, 3	1,2,3	3	3
Requires capstone course enrollment?	No	No	No	Yes	Yes
Course that it best integrates with	Introductory, Concentration or Capstone Course in Culinary Arts dependent on level	Introductory or Concentration Course in Culinary Arts	Introductory or Concentration Course in Culinary Arts	Capstone Course in Culinary Arts	Capstone Course in Culinary Arts
Summary	Student demonstrates skills in presenting foods for a buffet table/or fine restaurant dining.	Student demonstrates skills in menu planning & table display based on a theme	Student demonstrates knife skills/safety and sanitation skills	Student demonstrates culinary skills in preparing a quick bread, choux pastry, cookies, and cake decorating.	Student demonstrates culinary skills to produce a quality meal using industrial culinary techniques and equipment.
Elements	File folder, project display, oral presentation, placard	File folder, recipes, nutritional analysis, table display, menu card	File folder, food and equipment,, presentation	Timeline, equipment, food preparation, food presentation	Timeline, equipment, food preparation, food presentation
Food preparation required during competition	Yes	No	Yes	Yes	Yes
Competes at region and state?	Yes	Yes	Yes	Only at State	Yes
Chef attire required	Yes	No	Yes	Yes	Yes
Portfolio required	No	No	No	No	No



STAR Events: Culinary Display, Menu Planning & Table Display, Culinary Knife Skills, Baking and Pastry, and Culinary Arts

Event	Culinary Display	Menu Planning & Table Display	Culinary Knife Skills	Baking and Pastry	Culinary Arts
File Folder required	Yes	Yes	Yes	No	No
Oral presentation	Yes	Yes		Food Production	Food Production
Display	Yes	Yes	Yes; demonstration	Finished Products	Finished Products
Title Placard Required	Yes	Menu Card	No	No	No
Theme posted on CA-FCCLA website	Yes	Yes	No	Recipes posted on CA website before competition	Recipes posted on website before competition
Must include recipes	No	Yes	No	No	No
Nutritional Analysis	No	Yes	No	No	No
Notes	This event has several categories and multiple levels. See rules for current offerings. Themes change annually; see the CA-FCCLA Website for current themes	Themes change annually; see the CA-FCCLA Website for current themes	This event is a Skill Demonstration Event at the National Meeting. Students gain good practice at competition at the region and state levels. Students in capstone courses should not compete in this event.	The recipes for the State competition will be on the CA website and will be provided for National competition	The recipes for the State competition will be on the CA website and will be provided for National competition



STAR Events: Food Innovations, Hospitality, Tourism and Recreation, Nutrition and Wellness, & Sports Nutrition

Event	Food Innovations	Hospitality, Tourism and Recreation	Nutrition and Wellness	Sports Nutrition
Team or Individual Event	Team of 1-3 people	Team of 1-3 people	Team of 1-3 people	Team of 1-3 people
Levels offered in California	Levels 1,2,3	Levels 1,2,3	Levels 1,2,3	Levels 1,2,3
Requires capstone course enrollment?	No	No	No	No
Course that it best integrates with	Introductory, Concentration, Capstone	Concentration, Capstone	Introductory, Concentration, Capstone	Introductory, Concentration, Capstone
Summary	Create an original prototype formula for a food product, test the product through focus groups and develop a marketing strategy for the product; themes change annually; see the FCCLA Website for current themes	Demonstrate knowledge of the HTR industries and translate it into a hypothetical or real business. Project must relate to culinary, lodging, recreation, tourism or event coordination	Track food intake & physical activity for a subject; determine goals & strategies for improving overall health	Plan and develop an individualized nutritional plan to meet the needs of a competitive student athlete in a specific sport. This includes a sample nutrition & hydration plan based upon nutritional & energy needs of the student athlete.
Elements	Display, product and packaging, oral presentation	Portfolio, oral presentation, case study	Portfolio, visuals, oral presentation	File folder, oral presentation, management tool, visuals
Competes at region and state?	Yes	Yes	Yes	Yes



STAR Events: Food Innovations, Hospitality, Tourism and Recreation, Nutrition and Wellness & Sports Nutrition

Event	Food Innovations	Hospitality, Tourism and Recreation	Nutrition and Wellness	Sports Nutrition
Chef attire required	No	No	No	No
Portfolio required	No	Yes	Yes	No
File Folder required	Included in display	No	No	Yes
Oral presentation	Yes	Yes	Yes	Yes
Display	Yes	No	No	Visuals
Title Placard Required	Product packaging must be developed	No	No	No
Theme posted on CA-FCCLA website	In rules	No	No	No
Works cited	No	Yes	Yes	Yes
Notes	Lesson Plans at California Educators Together: https://www.caeducatorstogether.org/projects/fbm7ct/food-innovations-pbl-project Rubrics are scaffolded by level Resources: https://www.healthline.com/nutrition/true-superfoods https://health.clevelandclinic.org/what-is-a-superfood https://www.utphysicians.com/superfoods-and-how-they-help-you/	Rubrics are scaffolded by level	Rubrics are scaffolded by level	Rubrics are scaffolded by level



STAR Events: Fashion Construction , Fashion Design, Repurpose & Redesign, and Interior Design STAR Events

Event	Fashion Construction	Fashion Design	Repurpose & Redesign	Interior Design
Team or Individual Event	Individual	Team of 1-3 members	Team of 1-3 members	Team of 1-3 members
Levels offered in California	Levels 1,2,3	Levels 2, 3	Levels 1,2,3	Levels 1,2,3
Requires capstone course enrollment?	No	No	No	No
Course that it best integrates with	Introductory, Concentration	Concentration, Capstone	Introductory, Concentration, Capstone	Introductory, Concentration, Capstone
Summary	Apply fashion construction skills to create a display using samples of skills; construct a garment or ensemble ahead of time.	Apply fashion design skills to design & market clothing styles with a 4-piece collection; construct one collection sample	Apply recycling & redesign skills to create a display with a used fashion, home or other post-consumer item to repurpose into a new product.	Apply interior design skills to design interior space to meet theme requirements
Elements	File folder, oral presentation, display, sample garment, skill area selection chart	Portfolio, oral presentation, sample garment, display	Display, oral presentation, skills selection chart, time log, cost itemization, material profile, photo storyboard, marketing plan	File folder, visuals, oral presentation
Portfolio required	No	Yes	No	No
File Folder required	Yes	No	No	Yes
Oral presentation	Yes	Yes	Yes	Yes
Display	Yes	Allowed	Yes	Yes
Sample Garment	Yes	Yes	Sample Product	N/A



STAR Events: Fashion Construction , Fashion Design, Repurpose & Redesign, and Interior Design STAR Events

Event	Fashion Construction	Fashion Design	Repurpose & Redesign	Interior Design
Notes	Rubrics are scaffolded by level	Rubrics are scaffolded by level	Rubrics are scaffolded by level	