WINTER 2020







YOUR STORIES OUR NEWSLETTER



TABLE OF CONTENTS

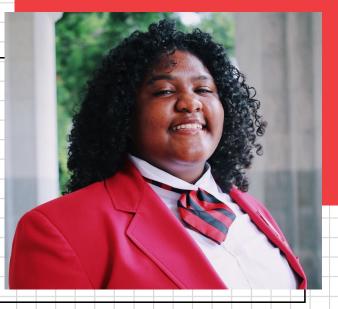
3 EMBRACE LEADERSHIP

4 FALL MEETINGS

6 TEACH FCS

EABRACE LEADERSHIP! BY JESIKA KENDALL STATE VICE PRESIDENT

Running for an FCCLA officer postion is one of the greatest opportunities one could take throughout the high school career. Being an officer for FCCLA is more than just paperwork. As an Officer one can exceed personal goals, meet new people, and experience new things. Just running for office is a whole new experience in itself. Throughout your term in office, you are granted the chance to go to different places, see new things, as well as make your mark.



You will leave a legacy for the future generations. So run for office, you won't regret it.

REGION FALL MEETINGS

There's no better way to bond with your Region members than through attending a Fall Meeting. Regions from all across the state welcomed members with open arms in October with all sorts of activities.

The Region Officers hosted workshops covering national programs, golden state degrees, and even parliamentary procedure! Members from each region connected with each other through participating in team building activities and icebreakers.



"BEING ABLE TO WORK WITH MY FELLOW REGION OFFICERS FOR THE FIRST TIME IN FRONT OF MEMBERS WAS ECSTATIC" - GISELLE AMADOR, REGION 2 TREASURER



Everyone's experience at Fall Meeting differs,

for Region Officers, it is one heck of a ride! As one of their first official meetings in front of members, the region officers are tasked to host all of their chapters an amazing gathering. For Giselle Amador, the Region 2 Treasurer, running Fall Meeting was a great experience as "being able to work with my fellow region officers for the first time in front of members was ecstatic". For members, it's a great time to get back into the FCCLA year! Fall Meeting serves as one of the first meetings members attend before the great chaos of competitions or running for leadership kicks in. For Marlayna Perez of the Rowland FCCLA chapter, "Fall Meeting was very fun and we had a great time! All the workshops were very informative and our chapter enjoyed our time! The Region officers were nice and our



chapter is very excited for Spring Meeting!"

"FALL MEETING WENT REALLY WELL FOR REGION 8. I REALLY LOVED SEEING CHAPTERS COMING TOGETHER AND HAVE FUN MEETING EACH OTHER." - RILEY QUINN, REGION 8 SECRETARY

TEACH FCS BY KACEY LE

MEET SIENNA SASSELLI

A California FCCLA Alumni from the Pleasant Valley Chapter in Region 2. Sienna was influenced to pursue teaching FCS when she saw what her high school FCS teacher provided for her and many others. She now studies Family & Consumer Sciences Education and Human Development & Family Studies at Colorado State University, where she takes a variety of FCS education related classes such as fashion, nutrition, interior design, the history of FCS and much more. Sienna says her favorite part of studying FCS is "all of the connections I've made in my major/college and in the extra curricular activities that come with it." Many colleges across the Western USA offer FCS Education Majors, consider looking at the list below to find out which schools you might see yourself at!

- California State University, Sacramento - California State University, Northridge - Oregon State University - Seattle Pacific University -Central Washington University - Washington State University - Idaho State University, Pocatello
- Idaho State University, Moscow
 Brigham Young University, Idaho

 Montana State University
 Utah State University

 Brigham Young University, Utah

 Colorado State University
 New Mexico State University
 Eastern New Mexico State
 University

CALIFORNIA COLLEGES THAT OFFER FCS MAJORS

Fresno

- Child Development
- Family Science
- Food & Nutritional Service

California State University, Long Beach

- Child Development & Family **Studies**

- Hospitality Management
- Nutrition & Dietetics

California State University, Northridge

- FCS with concentrations in - Apparel Design & Merchandising

- Consumer Affairs
- FCS Education
- Family Studies
- Interior Design
- Nutrition, Dietecs, & Food Science

Cal Poly Ponoma

- Apparel Merchandising and Management
- Food Science & Technology
- Nutrition
- Hospitality Management

Cal Poly San Luis Obispo

- Nutrition - Food Science

California State University, California State University, **Sacramento**

- Family Studies & Human Development
- Fashion Merchandising & Management
- Nutrition & Foods.Dietetics - FCS Education

San Francisco State University

- Apparel Design & Merchandising
- Dietetics
- Family & Consumer Sciences
- Interior Design

University of California, Davis

- Food Science
- Nutritional Science

Point Loma Nazarene University

- Child & Adolescent Development

-Dietetics

- Nutrition



2020 FCCLA STATE LEADERSHIP CONFERENCE

Fashion Show

HELD DURING THE THIRD GENERAL SESSION





Open to STAR Event Participants in Fashion Construction, Fashion Design, Repurpose & Redesign, and Sewing Construction.

Email applications to <u>bevyncassidy@gmail.com</u> by March 20, 2020 to participate.





FCCLA Membership Challenge 2020

At the FCCLA State Leadership Conference, chapters may have the opportunity to attend the Membership Challenge on Sunday night. There, members will be entitled to a fun night full of games, bonding, and refreshments. There are only a few requirements in order to be eligible for the event. Chapters must fulfill at least one of these requirements:

- Have 100% affiliation
- Have double the members from previous school year
- Have 100+ members
- Be a new or reinstated chapter

Are you up for the challenge?

Learn more at <u>https://www.ca-</u> fccla.org/about/recognition-and-awards /chapter-awards/









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