

# HERO HAPPENINGS!

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## Region Spring Meetings!

Welcome Back FHA-HERO Members! Get into the loving spirit this month and enjoy your Region's Spring Meeting! These meetings offer Competitive Recognition Events and Region Officer elections! Go and support your fellow competitors and see what your Region Officers have planned for these exciting meetings! Also if you are interested in becoming a leader, run for a Region Office position. (Forms: <http://www.ca-fhahero-fccla.org/home/forms.html>) Go to these awesome meetings and have some fun! Good luck competitors and good luck Region Officer Candidates! If your meeting has passed, be sure to submit a news release about your chapter's participation. Email it to your Region Advisor so it can be posted on the Web site.



## Mark Your Calendar

Golden State Degree, State Officer applications, and Scholarship applications are due **March 01, 2014**.

## ARE YOU READY TO BE A STATE OFFICER?

Send in your State Officer applications by March 1, 2014 if you are ready for an ultimate leadership opportunity! Prepare yourself for an awesome experience!

## **IT IS FHA-HERO WEEK February 9—15, 2014!** **Scroll down to see great ideas.**

Participate in FHA-HERO week and post pictures of it on the FHA-HERO Page!  
<https://www.facebook.com/FhaHeroTheCaliforniaAffiliateOfFccla>

Also don't forget to like us on Facebook



# Spotlight on Region 5



As an officer team, we decided that we wanted the Region 5 Spring Meeting to not only focus on the CRE competitors but the non-competitors as well. We planned an innovative and memorable activity for our members...an FHA-HERO scavenger hunt called "Run for the Red"! The scavenger hunt is spread throughout the host school's campus and incorporates fun yet education challenges. Some of the stations vary from promoting State Project Thrusts to just amusing activities that they will enjoy! It consists of the Oreo challenge, Simon Says, the Human Knot, and the bean bag toss. There is a relay race (handing off the baton) to encourage one of the State Project Thrusts, Health in a Heartbeat. Also, we included a few FHA-HERO trivia stations to test the members on their knowledge of the organization. It's a type of activity that is enjoyable, interactive, and definitely one to remember! The goal is for this scavenger hunt to have them leave the Region 5 Spring Meeting pumped up and even more excited than they ever were before about FHA-HERO!

**Keep scrolling to see some fun FHA-HERO week ideas and also a Chapter Exhibit activity you can be involved in at the State Leadership Meeting.**



# 2014 FHA-HERO Week



## **Monday, February 10 – No Bull Monday**

- “I Believe...” Story (personal story about bullying and overcoming obstacles)
- Sticky note stories (stories about overcoming bullying)
- “Project Fear” (sticking sticky notes on people’s backs with nice words)
- “Letter to a friend” (write a kind and thoughtful letter to a friend)

## **Tuesday, February 11 – (Teen Driver Safety) Teen Drive to Thrive Tuesday**

- AT&T “It can wait pledge”
- Teens in the Driver Seat “Safe Driving Pledge”
- Promote Teen Driver Safety on Campus (example: posters, flyers, etc)

## **Wednesday, February 12 – Wear It Wednesday**

- Wear FHA-HERO Attire (example: FHA official/casual, PJs, hoodies, etc)
- FHA-HERO Attire Fashion Show (use social media to promote with pictures)

## **Thursday, February 13 – Thankful Thursday**

- Thank Your Advisor
- Send FHA-HERO Thank You Cards
- Member and Non-member Social

## **Friday, February 14 – I “Heart” Friday**

- “Health in a Heartbeat” Valentine Grams
- FHA-HERO Jog-a-thon
- Partner Exercise Activity
- Just Dance activity and Serve Fruit

## **\* Things to remember**

- Plan FHA-HERO Week activities early; publicize and involve all members
- Take pictures of activities for the chapter manual and HERO Happenings newsletter
- Submit articles and pictures to local newspapers and to the Region Historian
- Complete and submit FHA-HERO Week Community Project for recognition
- Recruit those members!!



## **“Chapter Showcase”**

**What:** Opportunity for chapters to showcase their community service projects. Selling items is not allowed.

**When:** FHA-HERO State Leadership Meeting  
College and Career Fair on Monday,  
April 14 from 1:00 – 4:00 p.m.

**How:** To reserve a booth, please complete the booth reservation form. Booth space is limited, so first come, first served.