



# HERO HAPPENINGS

DECEMBER 2013

## Season's Greetings from your State Officer Team!

As the cold winter starts to set in, your State Officer Team would like to encourage you to grab a nice mug of hot cocoa and log on to the official FHA-HERO Web site and discover new possibilities to get involved with FHA-HERO. Sign up for HERO HAPPENINGS updates by hovering over the HOME tab and clicking the "Keep me Informed" button. This will surely keep you in the loop for the upcoming New Year!



### Reminders

Keep warm this winter season by practicing, practicing, and more practicing for your CRE.

CRE entries are due online by January 10, 2014.

If you need more information about your event, go online to the FHA-HERO Web site.

### Spot light on Region 8

For the Region 8 Fall Leadership Meeting, the Region Officer Team presented workshops that inspired members to become healthy and stop bullying in their local communities. It was tons of fun and everyone really enjoyed the workshops and worked together as true teammates. By getting involved with these workshops members became leaders and took a step out of their comfort zone. Region 8 would like you to remember that anything is possible even if it's beyond the norm.

-Gabriela Ochoa  
Region 8 President



Don't forget to check out the FHA-HERO Web site, [www.ca-fhahero-fccla.org](http://www.ca-fhahero-fccla.org), for more info and the National Web site, [www.fcclainc.org](http://www.fcclainc.org), for any national updates. See page 2 for great new FHA-HERO week ideas.



# 2014 FHA-HERO Week



## **Monday, February 10 – No Bull Monday**

- “I Believe...” Story (personal story about bullying and overcoming obstacles)
- Sticky Note Stories (stories about overcoming bullying)
- “Project Fear” (sticking sticky notes on people’s backs with nice words)
- “Letter to a Friend” (write a kind and thoughtful letter to a friend)

## **Tuesday, February 11 – (Teen Driver Safety) Teen Drive to Thrive Tuesday**

- AT&T “It can wait pledge”
- Teens in the Driver Seat “Safe Driving Pledge”
- Promote Teen Driver Safety on Campus (example: posters, flyers, etc)

## **Wednesday, February 12 – Wear It Wednesday**

- Wear FHA-HERO Attire (example: FHA official/casual, PJs, hoodies, etc)
- FHA-HERO Attire Fashion Show (use social media to promote with pictures)

## **Thursday, February 13 – Thankful Thursday**

- Thank Your Advisor
- Send FHA-HERO Thank You Cards
- Member and Non-member Social

## **Friday, February 14 – I “Heart” Friday**

- “Health in a Heartbeat” Valentine Grams
- FHA-HERO Jog-a-thon
- Partner Exercise Activity
- Just Dance Activity and Serve Fruit

## **\* Things to Remember**

- Plan FHA-HERO Week activities early; publicize and involve all members
- Take pictures of activities for the chapter manual and HERO Happenings newsletter
- Submit articles and pictures to local newspapers and to the Region Historian
- Complete and submit FHA-HERO Week Community Project for recognition
- Recruit those members!!