



LHS/FCCLA



Putting Families first....

Every where we go.... People want to know...
Who we are....



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Family Putting Families first. FCCLA is the only CTSO– Career Technical Student Organization that focuses on the family.

Careers Remember it is all about career preparation. No matter if you go to college first, or not, you are headed towards a career. FCCLA gets that and strives to assist members as they find their passion in a career pathway that lights their passion.

Community A group of families is a community and we in FCCLA are one big community. The Linden FCCLA chapter holds 1/4 of the population in the Region 6 community and 1/10th of the California FCCLA Association.

Leaders FCCLA is now leading. Although we are still following our motto– Headed towards new horizons, we are her and now...Leaders



America Of America and beyond. FCCLA is the Family and Consumer Science (Home Ec.) sponsored organization for the United States of America. But did you know we are global? There are FCCLA of many countries. Like Japan for instance with which we have a foreign exchange program.

Veteran's Day Ceremony



The FCCLA members worked really hard in the classroom for two weeks making candies and cookies for Veterans' Day. Then they showed up at 9 a.m. on a non school day to help serve

the Veterans a free meal prepared by Linden Community members.

Turtles are caramel and chocolate coated pretzels and walnuts. This was a fun process and 140 were made.

Both Chocolate Chip and Sugar cookies were made totaling over 300 all together.



Dates to Remember

- December 14th at the Table
- Jan 28th Winter Formal
- Feb. 11th CREs



Nearly \$100,000 is presented to Competitive Recognition Event (CRE) award winners each year ... do you want to be involved?



Career Investigation

An individual event - recognizes participants for their ability to perform self-assessments, research and explore a career, set career goals, create a plan for achieving goals, and describe the relationship of Family and Consumer Sciences coursework to the selected career.



Environmental Ambassador

An individual or team event - recognizes participants that address environmental issues that adversely impact human health and well-being and who actively empower others to get involved.



Who was an Alumni?

By: Eduardo Martinez, 5th Period Co Historian



Hold up Boys, who did you say took Home Ec?

How about that, Mr. Mark Miller is an FCCLA Alumni, who knew!

Mr. Miller was our Linden High School Home Ec class when Helen Brice was the teacher. Mr. Miller says he took one class of 'homemaking' his freshman year.

"[I] was a freshman at LHS. The homemaking room was where our current high school office is now. There were 7 kitchens in the room, there is one still there, the kitchen next to Mr. Schmidig's office.

I learned a lot, before taking that, probably couldn't hard boil eggs"

Linden Elementary's Annette Vanna is also an Alumni. Her teacher was Gayle Hamimoto

Mrs. Vanna told us, "I took several Home Ec. classes at Linden High School. I was a member of FHA from 1978-1981. During these years you did not have to

take a Home Ec. class to belong to the FHA organization. I held chapter officer positions, participated in regional and state competitions in Fresno, and attended the state conventions held in Los Angeles, Palo Alto & Sacramento.

Class was held in Room 14, which at that time was new and equipped with six updated kitchen & pantry stations.

I still have my red jacket with my officer pins and medals. Being in FHA was a great leadership experience, full of fond memories."

At the Table with FCCLA

The leisurely family meal, a staple for countless generations of Americans, has been taken off the table by the cold realities of 21st Century lifestyles. Parents juggle long work days, daily commutes, their children's after-school activities, and endless demands of running a household. There just isn't time.

But, families that eat meals together reap long-term benefits that feed the body, mind, and spirit.

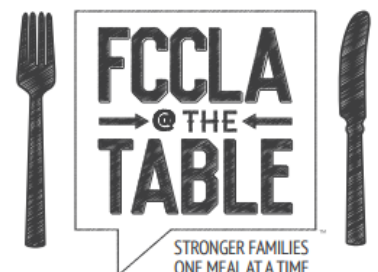
And that's why Family, Career and Community

Leaders of America (FCCLA) is launching a national campaign – FCCLA@TheTable.

Sign up with Ms. Nealy to bring something to our Chapter Pot Luck Lunch

Then

Join us December 14th in Room 14 for our FCCLA Chapter family LUNCH



An initiative of Family, Career and Community Leaders of America



Winter Formal Preparations By: Janet Jimenez-Monroy, the 6th Period Historian

We are still working on a theme but the Winter Semi Formal is right around the corner.

This year it will be January 28th and coincide with BLS week.

Our decorations will be inside and out.

If you know of a really good D.J. please let us know since

that is our number one priority at this time.

Bids will go on sale after Winter Break and be about the same as they have been for the last 5 years.

We are hoping to really get everyone excited for the dance and buy bids. This is our major fund raiser. Our goal is 200 couple bids.

And you know that two best friends is a couple and that is the cheapest way to buy a bid.

Especially if one of you has an ASB stamp on your card.

Sadies or not it is a fantastic dance. Start thinking about who you will get up the courage to invite or what ever you are going to do because this dance will be the one you don't want to miss.



Focus On Children

An individual or team event - recognizes participants who use Family and Consumer Sciences skills to plan and conduct a child development project that has a positive impact on children and the community.

Importance of Child Development

Alissa Lovecchio, 7th Period Historian



The importance of child development is knowing

how much can happen to the baby in the womb. Because of this we should not have sex until we are older and more stable to best provide for the child.

The class teaches students what to do while pregnant so that the prenatal experience is the healthiest it can be.

The baby simulator acts like a real baby. You have to hold the baby and support its neck. Even feeding and dressing the simulator shows us how easily it is to hurt the baby and how careful you have to be to take care of the

baby. They cry randomly and the student/parent has to figure out how to meet the baby's needs.

Besides prenatal and the baby's first year we will learn about all the stages children go through in their life from birth to 12 years old. This helps us to better understand ourselves in the process.



We Coach, We Cheer, We are here



Dennes Gallo assisting with 7th/8th grade girls basketball



Annamarie Gayla leads Region 6 in our Region Cheer



Jiana Espinosa, Breanna Lee, Annamarie Gayla, Litzary Villagran, and Delsy Lopez at the Region 6 Fall Meeting



FAMILY CAREER COMMUNITY LEADERS OF AMERICA

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Towards New Horizons

We're on the web:

<https://www.ca-fccla.org/>



Job Interview

An individual event - recognizes participants who use Family and Consumer Sciences and/or related occupations skills to develop a portfolio, participate in an interview, and communicate a personal understanding



Life Event Planning

An individual or team event - recognizes participants who apply skills learned in Family and Consumer Sciences courses to manage the costs of an



Recycle and Redesign : An individual event - recognizes participants who select a used fashion or home apparel item to recycle into a new product.

It is time to sign up for Competitive Events.

*We Challenge you to be a part of
it!*

First Competition date is:

February 11th.

An important component of the California FCCLA leadership program is career development related to Home Economics Careers and Technology. Participation in the Competitive Recognition Events gives Home Economics Careers and Technology students the confidence, motivation, and experience to be successful in the workplace. The Competitive Recognition Events are contests in **20 career-related areas** that prepare members of the California FCCLA for the world of work. These events extend classroom learning and give students recognition and a sense of achievement while developing skills for future careers.

Individual, team, and chapter

From you Chapter Historian: A foods class, maybe... By: Dennes Gallo

For four years now I've been trying to get a new class for the Home Economics Department. I really want us to have Culinary class. Every year I tried and I was hoping by my senior year I would of be able to get it made. I'm trying even harder now to make it work so that the rest of the students can experience an amazing class taught by an amazing teacher. All I know is that even though I'm graduating I will always look out for the rest of the students' enrolled in Home Ec and FCCLA because we are like family.



events are offered. Senior division participants include those in grades 10-12, junior division participants are in grades 9th grade. Members compete at various levels - qualifying, state, and in some cases national finals.

Corporations, institutions and individuals sponsor various events with cash, scholarships and prizes. **Each year, students are presented awards that total more than \$80,000 in value.** Contributors develop a sense of pride in knowing they have become partners with education in preparing students for living and working in the 21st century.

Several events have been highlighted in this month's newsletter. See Ms. Nealy for a list of all the events you can consider competing in.

So what is new about the rumor for a NEW Room 14?

The powers that be have had two meetings with a contractor and architect. You would not believe all that has to happen just so we can have a new kitchen.

The good news is that the rumor is not a rumor but an actuality and the process is under way.

We won't be in the new room until maybe Spring of 2018. That means for all of you who will still be around we will be in

the room for sure Fall of 2019.

Also we will hopefully have a Foods and Nutrition Concentration class followed by the Careers in Culinary and Hospitality course.

It's going to happen people just keep your fingers and toes crossed :)